

AMENDMENTS TO THE CLAIMS

Claims 1-8 (CANCELLED)

9. (NEW) A polymerizable composition comprising:

a cycloolefin mixture containing 0.1 to 50% by mole of a cycloolefin having, as a substituent group, a monovalent group including an aliphatic carbon-carbon unsaturated bond, a metathesis polymerization catalyst and a radical generating agent.

10. (New) The polymerizable composition according to claim 9, further comprising a chain transfer agent.

11. (New) A resin formed object obtained by ring-opening polymerizing the polymerizable composition as claimed in claim 9.

12. (New) A resin formed object obtained by ring-opening polymerizing the polymerizable composition as claimed in claim 10.

13. (New) A resin formed object obtained by applying the polymerizable composition as claimed in claim 9 on a supporting body, followed by ring-opening polymerizing the polymerizable composition applied.

14. (New) A resin formed object obtained by injecting the polymerizable composition as claimed in claim 9 into a cavity of a mold, followed by ring-opening polymerizing the polymerizable composition injected.

15. (New) A resin formed object obtained by impregnating a fiber reinforcement with the polymerizable composition as claimed in claim 9, followed by ring-opening polymerizing the polymerizable composition impregnated.

16. (New) A crosslinked resin formed object obtained by heating and crosslinking the resin formed object as claimed in claim 11 to the temperature higher than the peak temperature during the ring-opening polymerization.

17. (New) A crosslinked resin formed object obtained by heating and crosslinking the resin formed object as claimed in claim 12 to the temperature higher than the peak temperature during the ring-opening polymerization.

18. (New) A crosslinked resin composite obtained by laminating the resin formed object as claimed in claim 11 with a base material, followed by heating and crosslinking the laminate.

19. (New) A crosslinked resin composite obtained by laminating the resin formed object as claimed in claim 12 with a base material, followed by heating and crosslinking the laminate.